

FEED PROGRAM						All measurements are mL per 10 L based on 226 grams per liter stock tank concentrate.								
MIXING ORDER ↓	CLONE	VEG				FLOWER								
	Pre-Soak & Feed	W1	W2	W3	W4	W1	W2	W3	W4	W5	W6	W7	W8	W9
Balance	Use as pH up	Balance: Recommended for batch tank mixing and Dosatron. Do not use with Netaflex.												
Pro Balance		Pro Balance: Recommended for advanced irrigation systems like Netaflex.												
Pro Grow		90	90	90	90									
Pro Bloom	57					90	90	90	90	90	90	90	90	90
Pro Core	34	54	54	54	54	54	54	54	54	54	54	*54	**Swap Fade	
Fade						*Swap Core with Fade W8-9 of Flower. This is cultivar dependent. If the cultivar shows resiliency, use Fade (51 mL) weeks 7-9.							51	51
Cleanse	3	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13
EC	2.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0
PPM 500	1000	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
PPM 700	1400	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100
pH	5.6	5.8-6.2 (Coco/ Rockwool)		6.0-6.4 (Peat based mediums)		5.8-6.2 (Coco/Rockwool)			6.0-6.4 (Peat based mediums)			6.0-6.4 (All)		
**When switching to Fade verify pH.														

SPRAY PROGRAM							All measurements are mL per L		
APPLICATION FREQUENCY			VEG				FLOWER		
			W 1	W 2	W 3	W 4	W 1	W 2	W 3
IPM	Preventative	2x Week	24	24	24	24	24	24	24
	Pressure	3x Week	32	32	32	32	32	32	32
Stack	Maximize	2x Week	2	2	2	2	2	2	2
Can be mixed together with IPM									

PRE-SOAK	
Coco	
- pH 5.5 - 5.8 - EC 3.5 - 4.0	
Rockwool	
- pH 5.0 - 5.5 - EC 2.5 - 3.0	

FLUSH	
RO + Cleanse	26 mL
EC	<0.1
PPM 500	<50
PPM 700	<70
pH	6.0 - 6.4
Coco	
Last 3 days	
Rockwool	
Last day	

DISCLAIMER - This is a baseline recommendation. Any adjustments made are at the growers discretion. Adjust the feed chart according to weeks needed to complete a run. Strain dependent.

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MIXING ORDER ↓	CLONE	VEG				FLOWER								
	Pre-Soak & Feed	W1	W2	W3	W4	W1	W2	W3	W4	W5	W6	W7	W8	W9
Balance	Use as pH up	Balance: Recommended for batch tank mixing and Dosatron. Do not use with Netaflex.												
Pro Balance		Pro Balance: Recommended for advanced irrigation systems like Netaflex.												
Pro Grow		20.3	20.3	20.3	20.3									
Pro Bloom	12.9					20.3	20.3	20.3	20.3	20.3	20.3	20.3	20.3	20.3
Pro Core	7.7	12.2	12.2	12.2	12.2	12.2	12.2	12.2	12.2	12.2	12.2	*12.2	**Swap Fade	
Fade						*Swap Core with Fade W8-9 of Flower. This is cultivar dependent. If the cultivar shows resiliency, use Fade (51 mL) weeks 7-9.							51	51
Cleanse	3	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13	5-13
EC	2.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0	3.0
PPM 500	1000	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
PPM 700	1400	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100	2100
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Stack	Maximize	2x Week	2	2	2	2	2	2	2
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Coco	
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Rockwool	
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pH	6.0 - 6.4
Coco Last 3 days	
Rockwool Last day	



NOTE: For highest accuracy + consistency, Athena® recommends mixing from a stock tank. Follow our Pro Concentrate Procedure.



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